

# SENIORS

## WHO TO CONTACT

### To report **ELDER ABUSE**:

*In a private home:*

Local Adult Protective Services  
(for referral, call **1-800-510-2020**)

*In a licensed facility:*

Local Ombudsman  
(for referral, call **1-800-231-4024**)

*At either type of location:*

State Attorney General's elder abuse hotline  
**1-888-436-3600**

### For referrals to local **SENIOR SERVICES**:

*California Department of Aging hotline*  
**1-800-510-2020**

*National Eldercare Locator Service*  
**1-800-677-1116**

### For **LEGAL ASSISTANCE**:

*Senior Legal Hotline*

**1-800-222-1753 (916-551-2140 in Sacramento)**

*State Bar-certified lawyer referral services*

**1-866-442-2529** (local referrals)

### For help dealing with **DOMESTIC VIOLENCE**:

*National Domestic Violence Hotline*

**1-800-799-7233** (local referrals)

*California's "Safe at Home" Program*

**1-877-322-5227**

### To investigate before you **INVEST**:

*California Department of Corporations*

*Seniors Against Investment Fraud (SAIF)*

**1-866-ASK-CORP (275-2677)**

### To file a complaint on a **LIVING TRUST "MILL"**:

*Local district attorney's office*

*California Department of Insurance*

**1-800-927-HELP (4357)**

### To check **CONTRACTORS' LICENSES**:

*Contractors State License Board*

**1-800-321-2752**

### For information on **HEALTH CARE OPTIONS**:

**1-800-434-0222** (local HICAP advisor)

**1-800-633-4227** (Medicare)



For information on **RESIDENTIAL CARE FACILITIES:**

*California Advocates for Nursing Home Reform*  
**1-800-474-1116** (nursing homes, assisted living)  
*California Registry*  
**1-800-777-7575** (various living arrangements)

To file complaints or ask questions about **HMOs:**

*Managed Health Care (HMO) Help Center*  
**1-888-466-2219**

For help in continuing to **LIVE INDEPENDENTLY:**

*State Independent Living Council*  
**1-866-866-7452** (local referrals)

For **VETERANS' ASSISTANCE:**

*U.S. Department of Veterans Affairs*  
**1-800-827-1000**

For assistance with **SOCIAL SECURITY:**

*Social Security Administration*  
**1-800-772-1213** (benefits status, referrals)

For inquiries on **CONSUMER ISSUES AND SCAMS:**

*California Department of Consumer Affairs*  
**1-800-952-5210** (info, complaints, license checks)  
**1-916-574-7870** (Cemetery and Funeral Bureau)  
**1-866-785-9663** (Office of Privacy Protection)  
*California Attorney General's Office*  
**1-800-952-5225** (public inquiry line)

To check out **AN ATTORNEY:**

*The State Bar of California*  
**1-800-843-9053** (complaints, license checks)

To stop **MARKETING CALLS, MAIL AND E-MAIL:**

**1-888-382-1222** ("do not call" registry)  
**www.dmaconsumers.org** (phone, mail, e-mail)  
**1-888-567-8688** (stop pre-approved credit offers)

To order **FREE CREDIT REPORTS** (annually):

■ **1-877-322-8228 / [www.annualcreditreport.com](http://www.annualcreditreport.com)**

To learn about **LIFETIME PASSES** to **NATIONAL PARKS:**

■ **1-888-GOPARKS (467-2757)**

**THE STATE BAR OF CALIFORNIA**

180 Howard Street, San Francisco, CA 94105-1639

**Publications: 1-888-875-LAWS (5297)**

**[www.calbar.ca.gov](http://www.calbar.ca.gov)**

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